CASCADES
SENIOR LIVING COMMUNITY

# June 2026

P PAC
MR MPR
2L 2nd Fl LR
AS Art Studio
2M 2nd Fl MPR
O Outing

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | 1<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>11:15 2M Aerobic Exercise: Jane<br>1:30 2M BINGO<br>**2:30 P Lecture: Health Talk w Elissa Erman**<br>2:30 2M Sing-Along<br>3:30 2L Trivia<br>6:00 Comedy Movie Night<br>6:30 2M Rummikub | 2<br>9:30 2L Morning Brain Games<br>10:00 2M Musical Melodies<br>11:15 2M Stretch with Lorna<br>1:30 2M Board Games<br>2:30 2L Family Feud<br>3:30 2M Afternoon Movie<br>6:00 2L Rummikub with Friends | 3<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>10:30 2L Name That Tune<br>11:15 2M Strengthening Exercise w/ Jane<br>1:30 2L BINGO<br>2:30 2M Travelodge<br>3:30 2L Hump Day Ice Cream Social<br>4:00 2L Trivia<br>7:00 P BINGO int the PAC | 4<br>9:30 2L Morning Brain Games<br>10:00 2M Musical Melodies<br>**10:30 P Chorus in the PAC**<br>11:15 2M Exercise with Lorna<br>1:30 2M Board Games & Card Games<br>2:30 2M Arts & Crafts<br>3:30 2M Bowling<br>4:00 2L Trivia<br>6:00 2L Drama Movie Night<br>**7:30 P Concert: Lyonel Fame** | 5<br>**9:00 O Shopping: Publix, etc.**<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>**10:00 O Shopping: Publix, etc.**<br>11:00 2M Art<br>11:15 2M Cardio Exercise: Jane<br>**1:30 AS Art with Leesi**<br>1:30 2M BINGO<br>**3:00 2L Concert: Stone SIIk**<br>**3:00 2L TGIF Happy Hour**<br>4:00 2L Trivia<br>6:00 2L Movie Night | 6<br>10:30 2L Brain Games<br>11:15 2M Seated Fitness<br>1:00 2L Name That Tune<br>2:00 2M BINGO<br>3:30 2L Movie Matinee<br>**7:30 P Line Dancing** |
| 7<br>9:00 MR Christian Worship Service with Chaplain Rev. Gary Butler<br>10:30 2L Morning Trivial Pursuit<br>11:15 2M Fab & Fit Stretch Class<br>3:00 2M Afternoon Board Games<br>3:30 2L Movie | 8<br>9:30 2L Morning Brain Games<br>**10:00 O Hagen Ranch Library**<br>10:00 2L Let's Chat<br>11:15 2M Aerobic Exercise: Jane<br>1:30 2M BINGO<br>**2:30 P Lecture: Wes Anthony "Fred Astaire"**<br>2:30 2M Sing-Along<br>3:30 2L Trivia<br>6:00 Comedy Movie Night<br>6:30 2M Rummikub | 9<br>9:30 2L Morning Brain Games<br>10:00 2M Musical Melodies<br>11:15 2M Stretch with Lorna<br>1:30 2M Board Games<br>**1:30 O Scenic Ride**<br>2:30 2L Family Feud<br>3:30 2M Afternoon Movie<br>6:00 2L Rummikub with Friends | 10<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>10:30 2L Name That Tune<br>11:15 2M Strengthening Exercise w/ Jane<br>1:30 2L BINGO<br>2:30 2M Travelodge<br>**3:00 P Lecture: Slow-Motion Sloths with Bonnie**<br>3:30 2L Hump Day Ice Cream Social<br>4:00 2L Trivia | 11<br>9:30 2L Morning Brain Games<br>10:00 2M Musical Melodies<br>**10:30 P Chorus in the PAC**<br>11:15 2M Exercise with Lorna<br>1:30 2M Board Games & Card Games<br>2:30 2M Arts & Crafts<br>3:30 2M Bowling<br>4:00 2L Trivia<br>6:00 2L Drama Movie Night<br>**7:30 P Concert: DJ Jason** | 12<br>**9:00 O Shopping: Publix, etc.**<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>**10:00 O Shopping: Publix, etc.**<br>11:00 2M Art<br>11:15 2M Cardio Exercise: Jane<br>1:30 2M BINGO<br>**3:00 2L Concert: Don Stansfield**<br>**3:00 2L TGIF Happy Hour**<br>4:00 2L Trivia<br>6:00 2L Movie Night<br>**7:00 P Shabbat Service** | 13<br>10:30 2L Brain Games<br>11:15 2M Seated Fitness<br>1:00 2L Name That Tune<br>2:00 2M BINGO<br>3:30 2L Movie Matinee<br>**7:30 P Live: Panama Breeze Band** |
| 14<br>9:00 MR Christian Worship Service with Chaplain Rev. Gary Butler<br>10:30 2L Morning Trivial Pursuit<br>11:15 2M Fab & Fit Stretch Class<br>3:00 2M Afternoon Board Games<br>**3:00 P Lecture: Margery Marcus: The Titanic**<br>3:30 2L Movie | 15<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>11:15 2M Aerobic Exercise: Jane<br>1:30 2M BINGO<br>**2:30 P Lecture: Art History Experience**<br>2:30 2M Sing-Along<br>3:30 2L Trivia<br>6:00 Comedy Movie Night<br>6:30 2M Rummikub | 16<br>9:30 2L Morning Brain Games<br>10:00 2M Musical Melodies<br>11:15 2M Stretch with Lorna<br>**1:30 2M Art with April**<br>2:30 2L Family Feud<br>3:00 2M Board Games<br>3:30 2M Afternoon Movie<br>6:00 2L Rummikub with Friends | 17<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>10:30 2L Name That Tune<br>11:15 2M Strengthening Exercise w/ Jane<br>1:30 2L BINGO<br>2:30 2M Travelodge<br>3:30 2L Hump Day Ice Cream Social<br>4:00 2L Trivia<br>7:00 P BINGO | 18<br>9:30 2L Morning Brain Games<br>10:00 2M Musical Melodies<br>**10:30 P Chorus in the PAC**<br>11:15 2M Exercise with Lorna<br>1:30 2M Board Games & Card Games<br>2:30 2M Arts & Crafts<br>3:30 2M Bowling<br>4:00 2L Trivia<br>6:00 2L Drama Movie Night<br>**7:30 P Concert: Richard Fenton** | **Juneteenth** 19<br>**9:00 O Shopping: Publix, etc.**<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>**10:00 O Shopping: Publix, etc.**<br>11:00 2M Art<br>11:15 2M Cardio Exercise: Jane<br>**1:30 AS Art with Leesi**<br>1:30 2M BINGO<br>**3:00 2L Concert: Richard Fenton**<br>**3:00 2L TGIF Happy Hour**<br>4:00 2L Trivia<br>6:00 2L Movie Night | 20<br>10:30 2L Brain Games<br>11:15 2M Seated Fitness<br>1:00 2L Name That Tune<br>2:00 2M BINGO<br>**3:00 P Live: The Spotlighters**<br>3:30 2L Movie Matinee |
| 21<br>9:00 MR Christian Worship Service with Chaplain Rev. Gary Butler<br>10:30 2L Morning Trivial Pursuit<br>11:15 2M Fab & Fit Stretch Class<br>3:00 2M Afternoon Board Games<br>3:30 2L Movie | 22<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>11:15 2M Aerobic Exercise: Jane<br>1:30 2M BINGO<br>**2:30 P Lecture: Cardiologist Samantha Benin**<br>2:30 2M Sing-Along<br>3:30 2L Trivia<br>6:00 Comedy Movie Night<br>6:30 2M Rummikub | 23<br>9:30 2L Morning Brain Games<br>10:00 2M Musical Melodies<br>11:15 2M Stretch with Lorna<br>1:30 2M Board Games<br>**1:30 O Scenic Ride**<br>2:30 2L Family Feud<br>3:30 2M Afternoon Movie<br>6:00 2L Rummikub with Friends | 24<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>10:30 2L Name That Tune<br>11:15 2M Strengthening Exercise w/ Jane<br>1:30 2L BINGO<br>2:30 2M Travelodge<br>3:30 2L Hump Day Ice Cream Social<br>4:00 2L Trivia<br>**7:00 P Lecture: Neurologist Dr. Espinosa** | 25<br>9:30 2L Morning Brain Games<br>10:00 2M Musical Melodies<br>**10:30 P Chorus in the PAC**<br>11:15 2M Exercise with Lorna<br>**1:30 2M Brain-tertainment: Judy Herman**<br>2:30 2M Arts & Crafts<br>3:30 2M Bowling<br>4:00 2L Trivia<br>6:00 2L Drama Movie Night<br>**7:30 P Concert: Juan Mansilla** | 26<br>**9:00 O Shopping: Publix, etc.**<br>9:30 2L Morning Brain Games<br>10:00 2L Let's Chat<br>11:00 2M Art<br>11:15 2M Cardio Exercise: Jane<br>1:30 2M BINGO<br>**1:30 P Presentation: Enhanced Vision Products**<br>**3:00 2L Concert: DJ Jason**<br>**3:00 2L TGIF Happy Hour**<br>4:00 2L Trivia<br>6:00 2L Movie Night<br>**7:00 P Shabbat Service** | 27<br>10:30 2L Brain Games<br>11:15 2M Seated Fitness<br>1:00 2L Name That Tune<br>2:00 2M BINGO<br>3:30 2L Movie Matinee<br>**7:30 P Live: The Weekend Remedy Band** |
| 28<br>9:00 MR Christian Worship Service with Chaplain Rev. Gary Butler<br>10:30 2L Morning Trivial Pursuit<br>11:15 2M Fab & Fit Stretch Class<br>3:00 2M Afternoon Board Games<br>**3:00 P Lecture: Dr Rose Feinberg: Jaqueline Kennedy**<br>3:30 2L Movie | 29<br>9:30 2L Morning Brain Games<br>**10:00 O Hagen Ranch Library**<br>10:00 2L Let's Chat<br>11:15 2M Aerobic Exercise: Jane<br>1:30 2M BINGO<br>**2:30 P Lecture: Jeff Hessel: NASA Space Program**<br>2:30 2M Sing-Along<br>3:30 2L Trivia<br>6:00 Comedy Movie Night<br>6:30 2M Rummikub | 30<br>9:30 2L Morning Brain Games<br>10:00 2M Musical Melodies<br>**11:00 P Lecture: Harry Getsov: Woodstock**<br>11:15 2M Stretch with Lorna<br>1:30 2M Board Games<br>2:30 2L Family Feud<br>3:30 2M Afternoon Movie<br>6:00 2L Rummikub with Friends | | | | |



Copyright © 2026 Uhlig LLC Illustratus